



# BSCA BULLETIN

BRITISH SCHOOLS CYCLING ASSOCIATION



Issue 1 2008

Welcome to the first E-mail newsletter of the British Schools Cycling Organisation. Founded in 1967 we have, for the past 41, years promoted the sport and pastime of cycling for all young people and have offered opportunities for an increasing number to enjoy the benefits of all aspects of cycling.

## How do we do this?

BSCA hold a series of regional and national competitions around the country for children in most cycling disciplines in a safe and controlled environment. We have a number of Saturday bike clubs, coaching events and fun days. We also offer comprehensive training packages for Leaders.

BSCA has a network of Regional Representatives around the country who can offer advice, support and details of local events.

## Rules Round-up

Just a reminder of certain of the BSCA rules that seem to cause concern from parents.

- **Under the BSCA rules, Aero helmets are not permitted in Time Trial, Massed Start and Track races.**
- **Triathlon bars and Spinache style bar extensions are not permitted in any BSCA Massed start events Track, Cyclo-Cross and Mountain Bike races.**
- **Children competing in National and Regional events must compete by their own effort.** Whilst there is no objection in helping struggling children up hills, children are not to be accompanied/pushed round the course as this gives an unfair advantage to children who do not have any help at all.

## BSCA Awards

Are you aware of the various award schemes offered by BSCA for children? One of the schemes is the TRIX awards which progress children through the basic skills such as braking, mounting etc all the way to advanced tricks such as wheelies and bunny hops.

Other awards are available for competing in various races. An example of the Bronze award is taking part in four cyclo-cross/mountain bike races. For the gold award, sixteen events must be ridden, with two placings in the top three or four in the first six. Other awards are available for BMX, Standard rides, Touring and track/circuit events.

Calling all member schools -would you like a glittering trophy for your school cabinet?

Why not try for the Dunlop Trophy for the school gaining the most number of points under the award scheme.

Details of these awards are on our website:

[www.bsca.org.uk](http://www.bsca.org.uk) . A new website is currently being built to improve access to information in the future.

## Racing News

If there aren't any events in your region, why not organise one. Full support will be offered from us with detailed organiser's guideline and information packs issued for each event.

### National Best All Rounder (BAR) Competition

Every year, all the results for the national championships are calculated and awards given for the top six in each age category. Congratulations for the 2007/2008 BAR go to:

| Age | Boy                  |                              |
|-----|----------------------|------------------------------|
| U8  | Mathew Baptista      | St John's CE Primary         |
| U10 | Anthony Anderson     | Denmead School               |
| U12 | Jack Ravenscroft     | King Edward VI School        |
| U14 | Sam Broughton        | Leysland High School         |
| U16 | Felix English        | Ringmer Community Coll       |
| O16 | James Simpson        | North Halifax Grammar School |
| Age | Girl                 |                              |
| U8  | Kim Baptista         | St John's CE Primary         |
| U10 | Charlotte Broughton  | Greenfield Primary Sch       |
| U12 | Emily Capewell       | St Chad's CE (VA) Primary    |
| U14 | Lucy Garner          | Thomas Estley Comm Coll      |
| U16 | Alexandra Kalisz     | Fernwood Comp Sch            |
| O16 | Helen Clayton        | King Edward VI School        |
| O16 | Imogen Cain          | Plumpton College             |
| O16 | Genevieve Billington | North Bromsgrove High School |

## School Team Awards:

This year saw several Schools being awarded trophies for winning Team Awards in the National BAR Competition. School Teams comprise of two (for the Girls) from the same school in any age group and three in the case of boys. Congratulations to the following schools:

| <i>Age</i> | <i>Boys</i>  |
|------------|--|
| <b>U10</b> | <b>Farsley Farfield Primary School, Pudsey Leeds</b><br>Joseph Parker , Shaun Turner, Jack Brownbridge |
| <i>Age</i> | <i>Girls</i>   |
| <b>U8</b>  | <b>Scotch Orchard Primary School, Lichfield</b><br>Lucy & Josie Nelson                                 |
| <b>U12</b> | <b>St Chad's CE (VA) Primary School, Lichfield</b><br>Emily Capewell & Isabelle Clarke                 |

## National Records

An astonishing number of national BSCA roller records were broken this year. Details will be published in the BSCA Handbook which is due out early in the New Year.

In the meantime, well done to:

- Edwyn Oliver Evans**, Harrogate Grammar School
- Matthew Rotherham**, Canon Slade School, Bolton
- Charlotte Broughton**, Greenfield Primary, Countesthorpe
- Grace Garner**, Cosby Primary School, Leicester
- Lucy Garner**, Thomas Estley Community Coll, Leicester
- Alexandra Kalisz**, Fernwood Comp Sch, Nottingham
- Helen Clayton**, King Edward VI School, Lichfield
- Jake Womersley**, The Mirfield Free Grammar & VI Form Centre, Mirfield

## Diary Dates:

- Nat Cyclo Cross: 25 Jan 2009 Halifax tbc
- Nat Rollers: 15 March 2009, Lichfield
- Nat Hard Track: 3rd May 2009 Portsmouth
- Nat Grass Track: 25 May 2009 Lichfield
- Nat Circuits: 7th June 2009 Darley Moor
- Nat Time Trial (U14/U16/O16):  
13th June 2009 Stockton
- Nat TT (U8/U10/U12): tbc Bradford

**Organisers are still needed for the Nat Hill Climb and Mountain Bike**

## Regional Reps

### Eastern

[Norfolk, Suffolk, Cambridgeshire, Bedfordshire]  
Situation vacant but please contact:

Sue Knight (Details below)

### East Midlands

[Derbyshire, Nottinghamshire, Lincolnshire, Rutland, Northamptonshire]

Chris Mottram, Parkside, Station Road, Darley Dale, MATLOCK, Derbys. DE4 2EQ

Tel: 01629 734 996 Email: cj@ormail.co.uk

### North West:

[Lancashire, Merseyside, Greater Manchester, Cheshire, Isle of Man] Situation vacant but please contact:

Sue Knight (Details below)

### Yorkshire:

[All ridings within Yorkshire]

### & Northern:

[Cleveland, Cumbria, Durham, Northumberland, Tyne & Wear]

Mandy Parker

22 Airedale Gardens, Leeds LS13 1DN

Tel: 0113 255 5775 Mob. 07917 860 292

email: mandyparker2@ntlworld.com

Or

Helen Simpson, 78 Brow Lane, Clayton, Bradford, West Yorks BD14 6PT Tel: 01274 883 906

email: helen1simpson@tesco.net

**Scotland:** Situation vacant but please contact:

Sue Knight (Details below)

### Southern

[Greater London, Middlesex, Essex, Hertfordshire, Surrey, Kent, Sussex, Somerset, Devon, Dorset, Cornwall, Buckinghamshire, Berkshire, Oxfordshire, Hampshire, Isle of Wight, Channel Islands]

Sue Knight, 21 Bedhampton Road, North End, Portsmouth PO2 7J Tel: 023 9264 2226 Fax: 023 9266 0187

email: sue.knight@bsca.org.uk

or

Ron Dowling

44 Fleet Road, Cove, Farnborough, Hants GU14 9RA Tel: 01252 543 596

### Wales

#### Kay Ball

25 Bertram Street, Roath, CARDIFF Wales CF24 1NX

Tel: 029 2025 4260

email: kay.ball@ntlworld.com

### West Midlands

[Staffordshire, Shropshire, West Midlands, Warwickshire, Hereford & Worcester]

#### Ian Billington

35 Birmingham Road, BROMSGROVE, Worcester, B61 0DR

Tel: 01527 833 847

icbillington@lineone.net

If you have queries regarding BSCA please contact the National Secretary:

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