



# BSCA BULLETIN

BRITISH SCHOOLS CYCLING ASSOCIATION



Issue 11 January 11

Welcome to the E-mail newsletter of the British Schools Cycling Organisation. Founded in 1967 we have, for the past 41, years promoted the sport and pastime of cycling for all young people and have offered opportunities for an increasing number to enjoy the benefits of all aspects of cycling.

## How do we do this?

BSCA hold a series of regional and national competitions around the country for children in most cycling disciplines in a safe and controlled environment. We have a number of Saturday bike clubs, coaching events and fun days. We also offer comprehensive training packages for Leaders.

BSCA has a network of Regional Representatives around the country who can offer advice, support and details of local events.

## BSCA WEBSITE; [www.bsca.org.uk](http://www.bsca.org.uk) ~

The website is up and running and we are still in the process of uploading current and archival information to it.

Any reports and photographs of BSCA events, especially National Championships would be appreciated please send to [secretary@bsca.org.uk](mailto:secretary@bsca.org.uk)

## Racing News~National Championship Dates:

Entry Forms for these can be found on the BSCA Website. Parents could you please ensure that you check who the entry cheques are payable to when sending the entries in.

## Diary Dates:

The 10/11 calendar is still being formulated \*

**BSCA National Cyclo Cross Championship**  
20th February 2011 Matlock

**BSCA National Roller Racing Championship**  
13th March 2011 Lichfield

**BSCA National Mountain Bike Championship**  
23rd April 2011 Dartford

**BSCA National Hard Track Championship**  
1st May 2011 Portsmouth

**BSCA National Circuit Championship**  
Tbc \* not as previously advertised Cleveland

**BSCA National Hill Climb Championship**  
25th June 2011 Petersfield

**BSCA National Grass Track Championship**  
16th July 2011 Leeds

## National Championship Results:

Full results of the 2009/10 National Championships are available on the website. Thanks to all those promoters who ran the events for BSCA during the last school year. Congratulations to all who took part.

## National Best All Rounder (BAR) Competition

Every year, all the results for all the national championships are calculated and awards given for the top six in each age category. The 2009/2010 BAR results after 8 events:

Age	Boy	
U8	George Southby	Collingham Lady Elizabeth Hastings' PS
U10	Lewis Askey	Five Ways Primary School
U12	Joel Partington	Hazel Grove High School
U14	Jacob Kelly	Cardinal Griffin RC High Sch
U16	Louis Preston	James Brindley Science College
O16	Timothy Hull	Moorlands Sixth Form Centre
Age	Girl	
U8	Emma-Louise Stilwell	Naphill and Walters Ash Combined School
U10	Elena Smith	Wirksworth Junior School
U12	Sophie Capewell	St Chad's CE (VA) Primary
U14	Emily Capewell	Nether Stowe High School
U16	Emily Thoday	Highfields School
O16	Rebecca Womersley	The Mirfield Free Grammar

## School Team Awards:

This year saw more Schools being awarded trophies for winning Team Awards in the National BAR Competition.

Congratulations to the following schools,

Ditcham Park School of Petersfield took the U12, U14 and U16 Boys Team Award,

The U12 Girls Team was from Netherstowe High School in Lichfield.

Gayhurst Community School, Hackney took the U10 Boys Team

Naphill and Walters Ash Combined School, High Wycombe won the U8 Girls Team.

School Teams comprise of two (for the Girls) from the same school in any age group and three in the case of boys.

If you have queries regarding BSCA please contact the National Secretary: Sue Knight, 21 Bedhampton Road, North End, Portsmouth PO2 7J Tel: 023 9264 2226 Fax: 023 9266 0187 email: [secretary@bsca.org.uk](mailto:secretary@bsca.org.uk)

**DON'T FORGET TO GET YOUR 10/11 BSCA MEMBERSHIP CARDS**

## Rules Round-up

Just a reminder of certain of the BSCA rules that seem to cause concern for parents.

- **CLOSING DATES; NATIONAL CHAMPS have a 2 week closing date and there are no entries on the day**
- **REGIONAL CHAMPS ~ Some promoters accept entry on the day, you need to check with them.**
- **Under the BSCA rules, Aero helmets are not permitted in Time Trial, Massed Start and Track races.**
- **Triathlon bars and Spinache style bar extensions are not permitted in any BSCA Massed start events Track, Cyclo-Cross and Mountain Bike races.**
- **Grass Track:~ U14, U12, U10, U8's compete on road bikes whilst the U&O16's use a fixed wheel.**
- **Hard Track:~ U12, U10, U8's compete on road bikes whilst the U14, U&O16's use a fixed wheel.**
- **Children competing in National and Regional events must compete by their own efforts.**
- **Gear Restrictions have been brought in for ROLLER RACING**

Whilst there is no objection in helping struggling children up hills, children are not to be accompanied/pushed round the course as this gives an unfair advantage to children who do not have any help at all.

If there aren't any events in your region, why not organise one. Full support will be offered from us with detailed organiser's guideline and information packs issued for each event.

**BSCA Awards:** ~ Are you aware of the various award schemes offered by BSCA for children? One of the schemes is the TRIX awards which progress children through the basic skills such as braking, mounting etc all the way to advanced tricks such as wheelies and bunny hops.

Other awards are available for competing in various races. An example of the Bronze award is taking part in four cyclo-cross/mountain bike races. For the gold award, sixteen events must be ridden, with two placings in the top three or four in the first six. Other awards are available for BMX, Standard rides, Touring and track/circuit events.

Calling all member schools -would you like a glittering trophy for your school cabinet? Why not try for the Dunlop Trophy for the school gaining the most number of points under the award scheme.

Details of these awards are on our website:[www.bsca.org.uk](http://www.bsca.org.uk) or contact **Chris Mottram**, Parkside, Station Road, Darley Dale, MATLOCK, Derbys. DE4 2EQ  
Tel: 01629 734 996 Email:cj@ormail.co.uk

### Regional Reps:

**Eastern:** [Norfolk, Suffolk, Cambridgeshire, Bedfordshire] **Mark Elmy**, 77a Beccles Road, BUNGAY Suffolk, NR35 1HT Tel 01986 893041 Mob 07831 627085  
Email: [BSCAEAST@gmail.com](mailto:BSCAEAST@gmail.com)

**East Midlands:** [Derbyshire, Nottinghamshire, Rutland, Lincolnshire, Northamptonshire] **Chris Mottram**, Parkside, Station Road, Darley Dale, MATLOCK, Derbys. DE4 2EQ

Tel: 01629 734 996 Email:cj@ormail.co.uk

**Northern:** [Cleveland, Cumbria, Durham, Tyne & Wear, Northumberland.] Nat Sec (Details below)

**North West:** [Lancashire, Merseyside, Greater Manchester, Cheshire, Isle of Man] Situation vacant but please contact: Nat Sec (Details below)

**Yorkshire:** [All ridings within Yorkshire]

Mandy Parker 22 Airedale Gardens, Leeds LS13 1DN  
Tel: 0113 255 5775 Mob. 07917 860 292  
email: mandyparker2@ntlworld.com

**Or** Helen Simpson, 78 Brow Lane, Clayton, Bradford, West Yorks BD14 6PT Tel: 01274 883 906  
email: helen1simpson@hotmail.co.uk

**Scotland:** Sit vacant but please contact: Nat Sec (Details below)

**Southern:** [Gtr London, Middlesex, Essex, Hertfordshire, Surrey, Kent, Sussex, Somerset, Devon, Dorset, Cornwall, Buckinghamshire, Berkshire, Oxfordshire, Hampshire, Isle of Wight, Channel Islands] **Sue Knight**, 21 Bedhampton Road, North End, Portsmouth PO2 7J Tel: 023 9264 2226 Fax: 023 9266 0187 email: [Secretary@bsca.org.uk](mailto:Secretary@bsca.org.uk)

### Wales

### Kay Ball

25 Bertram Street, Roath, CARDIFF Wales CF24 1NX  
Tel: 029 2025 4260 email: [kay.ball@ntlworld.com](mailto:kay.ball@ntlworld.com)

### West Midlands

[Staffordshire, Shropshire, West Midlands, Warwickshire, Hereford & Worcester] **Ian Billington** 35 Birmingham Road, BROMSGROVE, Worcester, B61 0DR Tel: 01527 833 847  
email: [icbillington@lineone.net](mailto:icbillington@lineone.net)

\* BSCA are looking for promoters for the following National Championships for the 10/11 School Year.

Time Trials U12's need to be on a closed circuit

Membership reminders have been sent out as the 0910 Memberships cards became invalid on 31/09/10

**DON'T FORGET TO GET YOUR 10/11 BSCA MEMBERSHIP CARDS**